# Workshop - MSC Nastran Topology Optimization - Minimizing mass with stress and displacement constraints

AN MSC NASTRAN SOL 200 TUTORIAL



# Before Starting

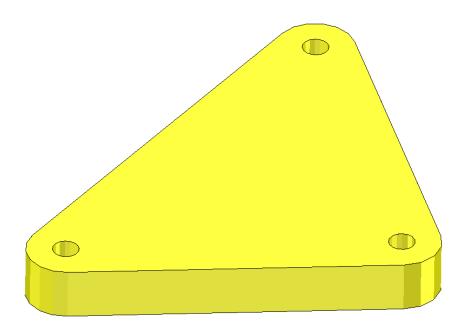
This example requires MSC Nastran 2017 or newer.



# Goal: Use Nastran SOL 200 Optimization

#### **Before Optimization**

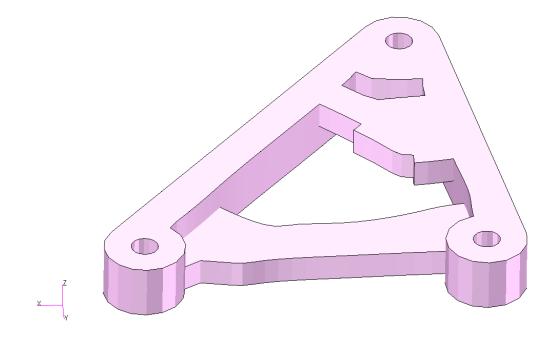
Mass: 18 kg



#### **After Optimization**

Mass: 9.3 kg

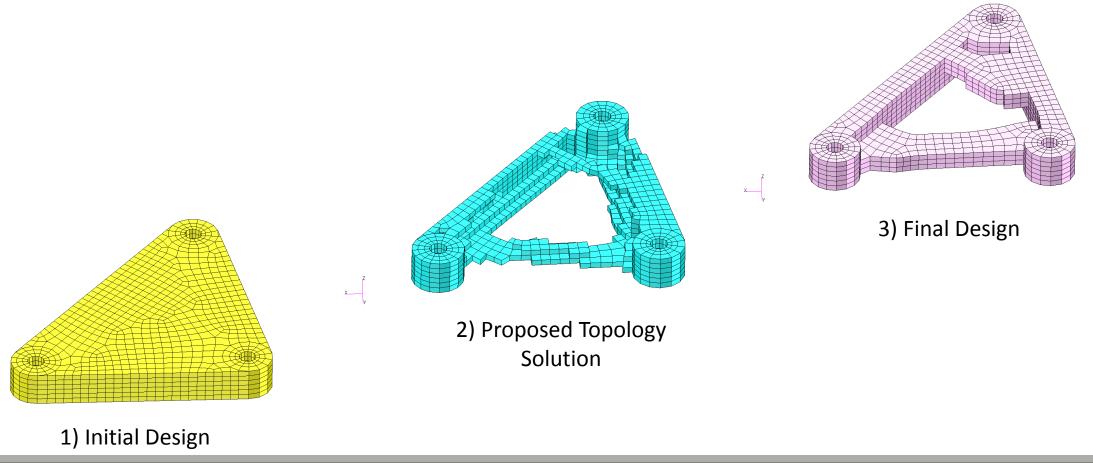
Prevent excessive stress and displacements



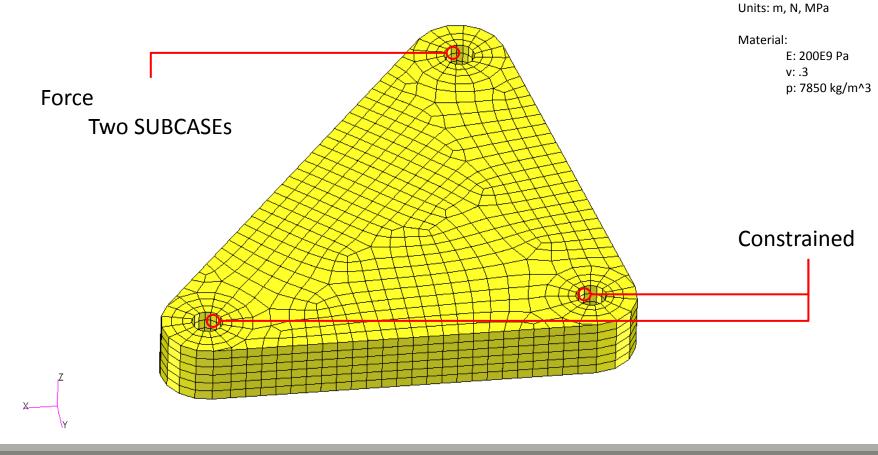




# Goal: Use Nastran SOL 200 Optimization



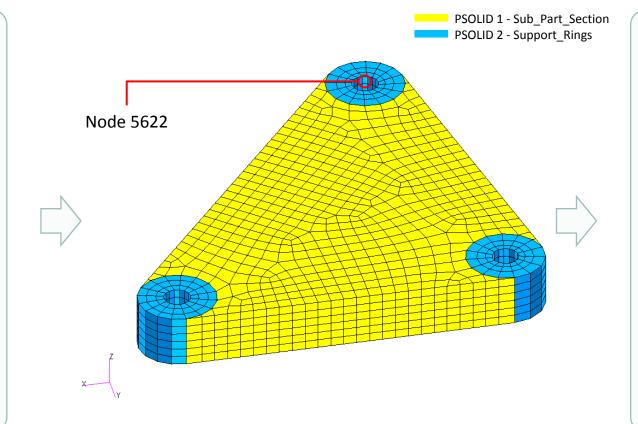
# Details of the structural model



# Optimization Problem Statement

#### Design Region/Variables

x1: PSOLID 1



#### **Design Objective**

r0: Minimize fractional mass (FRMASS)

#### **Design Constraints**

r1: Z displacement at node 5622 (GRID 5622)

r1 < .0008 m

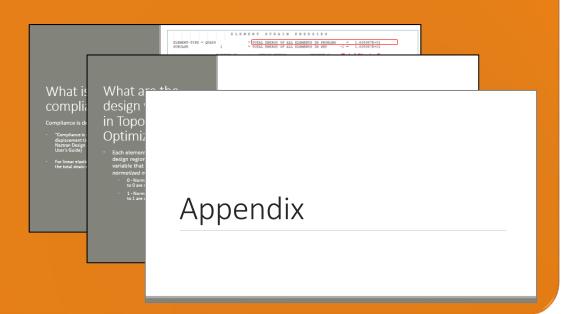
x1: Maximum allowable stress, 2.0E8 Pa, on design region x1



# More Information Available in the Appendix

#### The Appendix includes information regarding the following:

- Frequently Asked Questions
  - What are the design variables in Topology Optimization?
  - What is FRMASS or Fractional Mass?
  - What is compliance?
  - How can non-critical elements be removed from the design?
- Topology Optimization Workflows
- Viewer Web App for Topology Optimization Post Processing





### Contact me

- Nastran SOL 200 training
- Nastran SOL 200 questions
- Structural or mechanical optimization questions
- Access to the SOL 200 Web App

christian@ the-engineering-lab.com



# Tutorial



# **Tutorial Overview**

- 1. Start with a .bdf or .dat file
- 2. Use the SOL 200 Web App to:
  - Convert the .bdf file to SOL 200
    - Design Regions/Variables
    - Design Objective
    - Design Constraints
  - Perform optimization with Nastran SOL 200
- 3. Review optimization results
  - .f06
  - Topology Optimization and Structural Results

#### **Special Topics Covered**

**Maximum Allowable Stress** - A stress constraint cannot be created normally as is done in Size or Topometry optimization. A special option is available to specify a stress constraint for Topology Optimization.



# SOL 200 Web App Capabilities

The Post-processor Web App and HDF5 Explorer are free to MSC Nastran users.

#### Compatibility

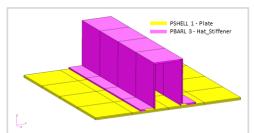
- Google Chrome, Mozilla Firefox or Microsoft Edge
- Windows and Red Hat Linux

 Installable on a company laptop, workstation or server. All data remains within your company.

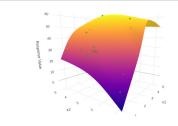
#### **Benefits**

- REAL TIME error detection. 200+ error validations.
- REALT TIME creation of bulk data entries.
- Web browser accessible
- Free Post-processor web apps
- +80 tutorials

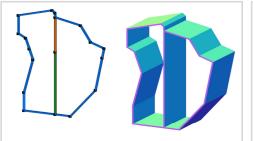
#### Web Apps



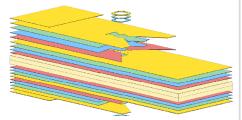
Web Apps for MSC Nastran SOL 200 Pre/post for MSC Nastran SOL 200. Support for size, topology, topometry, topography, multi-model optimization.



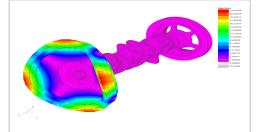
Machine Learning Web App
Bayesian Optimization for nonlinear
response optimization (SOL 400)



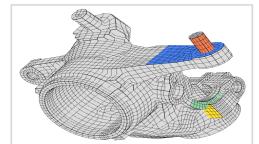
PBMSECT Web App Generate PBMSECT and PBRSECT entries graphically



Ply Shape Optimization Web App Optimize composite ply drop-off locations, and generate new PCOMPG entries



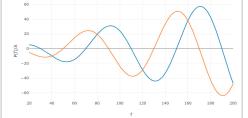
**Post-processor Web App** View MSC Nastran results in a web browser on Windows and Linux



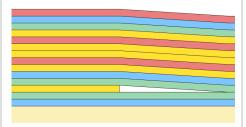
**Shape Optimization Web App**Use a web application to configure and perform shape optimization.



Remote Execution Web App
Run MSC Nastran jobs on remote
Linux or Windows systems available
on the local network



**Dynamic Loads Web App**Generate RLOAD1, RLOAD2 and DLOAD entries graphically



Stacking Sequence Web App
Optimize the stacking sequence of
composite laminate plies



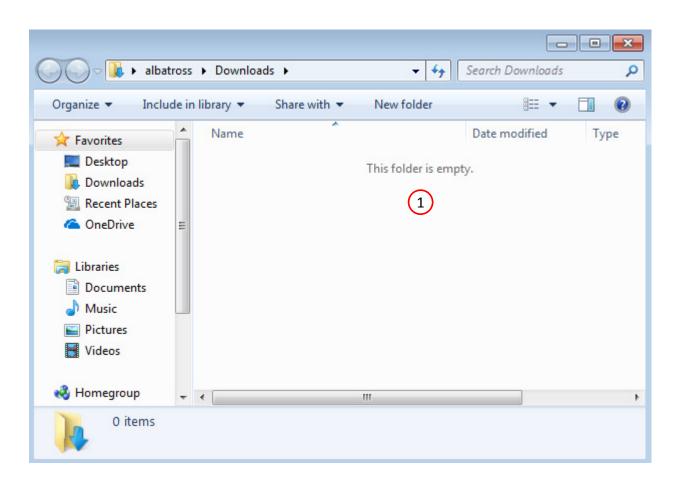
**HDF5 Explorer Web App**Create graphs (XY plots) using data from the H5 file



### Before Starting

 Ensure the Downloads directory is empty in order to prevent confusion with other files

- Throughout this workshop, you will be working with multiple file types and directories such as:
  - .bdf/.dat
  - nastran\_working\_directory
  - .f06, .log, .pch, .h5, etc.
- To minimize confusion with files and folders, it is encouraged to start with a clean directory.



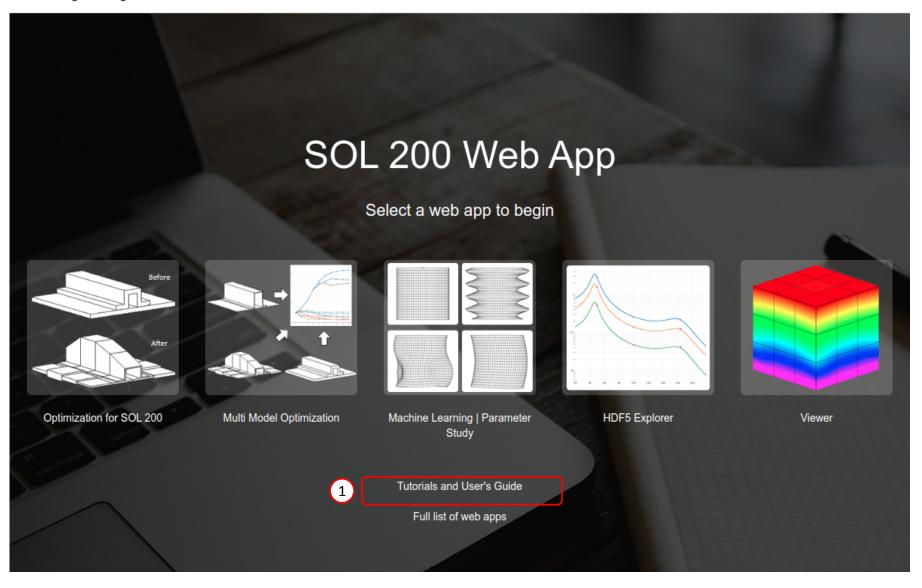


# Go to the User's Guide

1. Click on the indicated link

 The necessary BDF files for this tutorial are available in the Tutorials section of the User's Guide.

#### The Engineering Lab





# Obtain Starting Files

- 1. Find the indicated example
- 2. Click Link
- 3. The starting file has been downloaded

 When starting the procedure, all the necessary BDF files must be collected together.





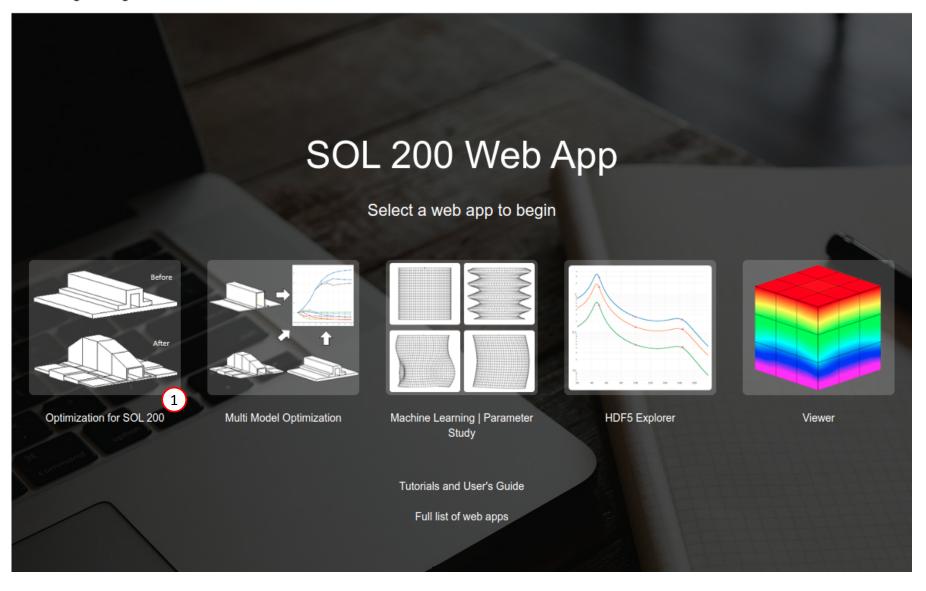


# Open the Correct Page

1. Click on the indicated link

- MSC Nastran can perform many optimization types. The SOL 200 Web App includes dedicated web apps for the following:
  - Optimization for SOL 200 (Size, Topology, Topometry, Topography, Local Optimization, Sensitivity Analysis and Global Optimization)
  - Multi Model Optimization
  - Machine Learning
- The web app also features the HDF5
   Explorer, a web application to extract results from the H5 file type.

#### The Engineering Lab



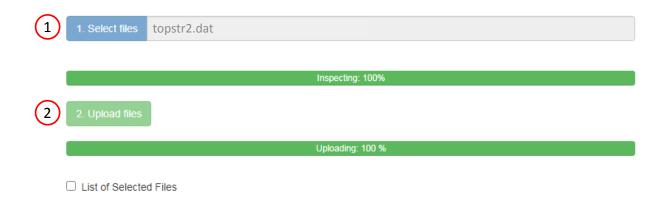


#### Step 1 - Upload .BDF Files

## Upload BDF Files

- Click 1. Select Files and select topstr2.dat
- 2. Click Upload Files

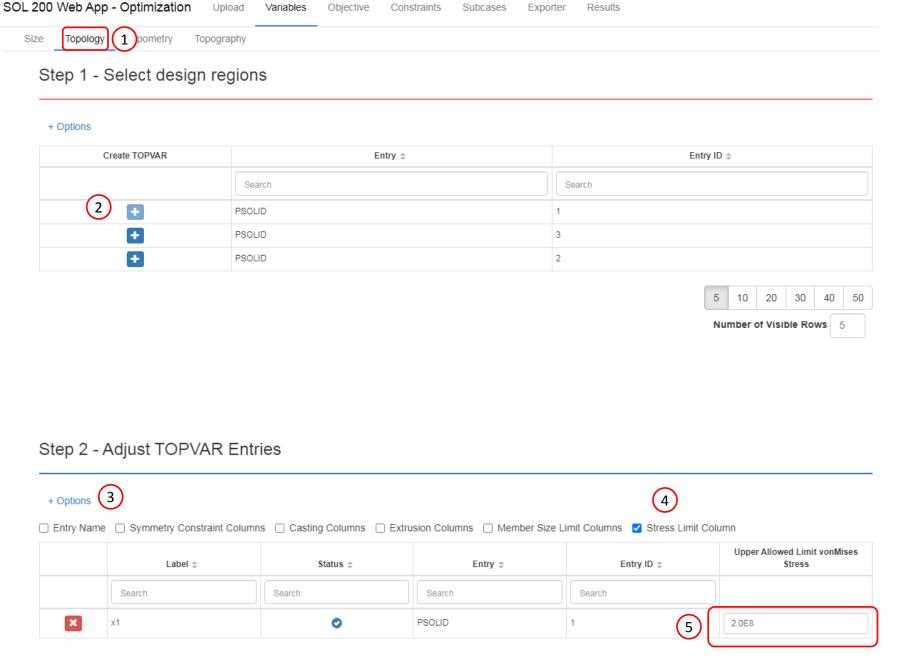
 The process starts by uploading all the necessary BDF files. The BDF files can be files of your own or files found in the Tutorials section of the User's Guide.





#### Create Design Region

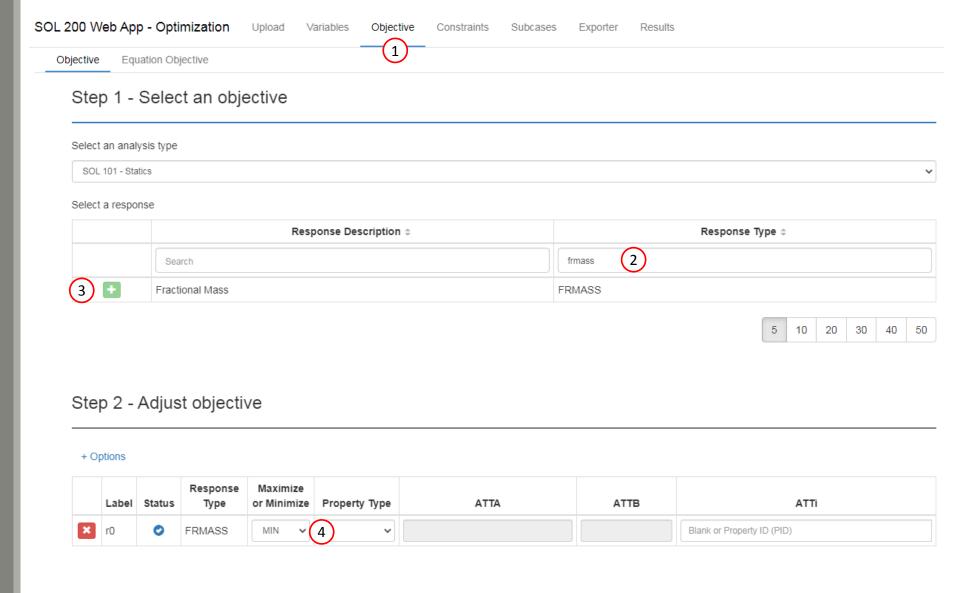
- 1. Click Topology
- 2. Click on the plus (+) icons to set PSOLID 1 as a Design Region
- 3. Click + Options
- 4. Mark the checkbox for Show Stress Limit Column
- 5. Set the following for the design region
  - Upper Allowed Limit von Mises Stress: 2.0F8
- When a topology design region is set, one topology variable is created for each element in the design region.
   Each topology variable controls the density and stiffness for the respective element, see the appendix for additional details.
- If PSOLID 1 has 500 elements associated and is configured as a design region, then there will be 500 design variables created.
- Once the stress constraint is specified, it applies for all design regions. The von Mises stress is constrained in this example. It should be noted that the stress of each element is not constrained. Instead, a single equivalent stress for the entire model and subcase is constrained.





### Create Design Objective

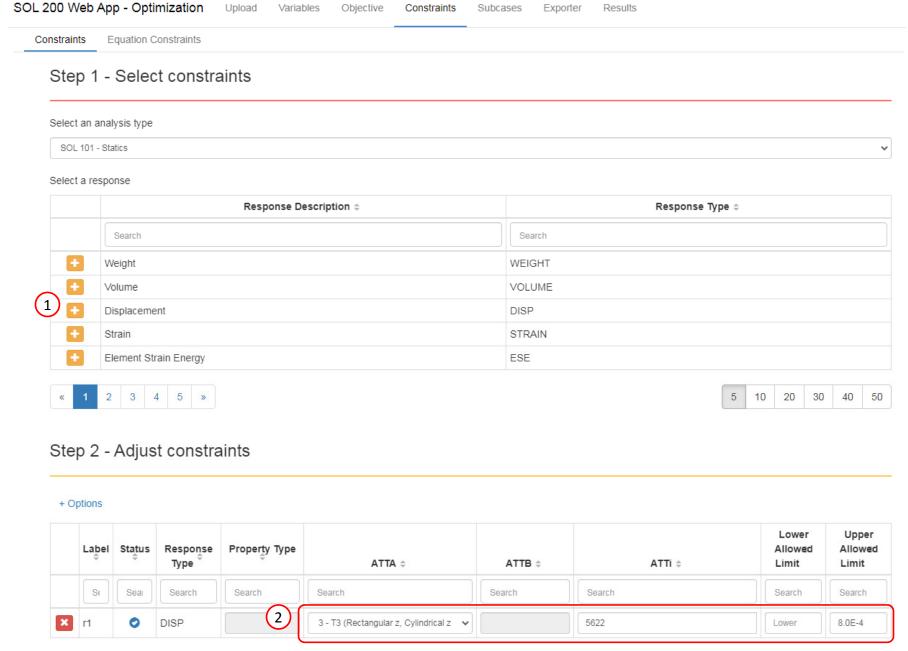
- 1. Click on Objective
- 2. Type 'frmass' in the search box
- 3. Select the plus(+) icon for Fractional Mass
- 4. The objective with label r0 is created. The objective is to minimize (MIN)
- Compliance is equal to twice the total strain energy. By minimizing the compliance/strain energy, the stiffness of the model is being maximized. See the appendix for additional details regarding compliance.



# Create Design Constraints

- 1. Click on the plus (+) icon for Displacement
- 2. Configure the following for r1:
  - ATTA: 3 T3 (Z Component)
  - ATTi: 5622 (Node/GRID 5622)
  - Upper Allowed Limit: 8.0E-4

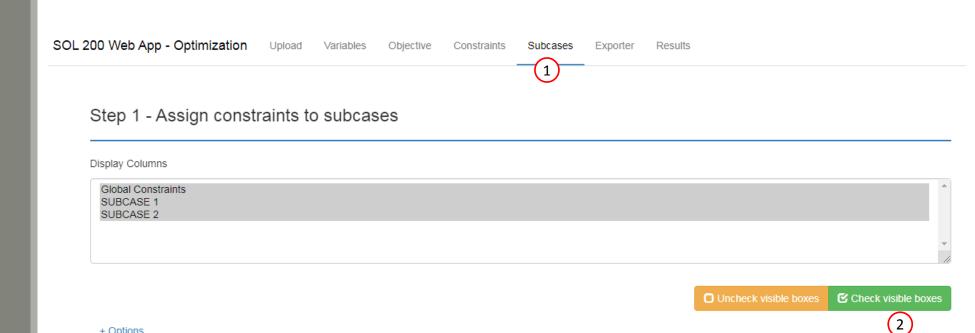
- Topology optimization works best when working with a small number of responses, e.g. Compliance, Fractional Mass, a single von Misses stress.
- In this tutorial a single displacement is constrained. The number of constraints should be kept to a minimum. For example, constraining multiple displacements at various nodes is not advised.



# Assign Constraints to Load Cases (SUBCASES)

- 1. Click Subcases
- 2. Click Check visible boxes

r1 or DISP constraint has been assigned to SUBCASE 1 and SUBCASE 2





## Configure Optimization Settings

- Click Settings
- 2. Set DESMAX to 100

- This example has been previously performed with a DESMAX value of 50, but the optimization ended with RUN TERMINATED DUE TO MAXIMUM NUMBER OF DESIGN CYCLES.
- A DESMAX value of 100 is used instead to allow for additional design cycles with the goal of obtaining convergence.

#### Optimization Settings

Parameter \$	Description	Configure \$
Search	Search	Search
APRCOD	Approximation method to be used	2 - Mixed Method
CONV1	Relative criterion to detect convergence	Enter a positive real number
CONV2	Absolute criterion to detect convergence	Enter a positive real number
DELX	Fractional change allowed in each design variable during any optimization cycle	☐ Enter a positive real number
DESMAX	Maximum number of design cycles to be performed	<b>1</b> 00 <b>2</b>
DISBEG	Design cycle number for discrete variable processing initiation	☐ Enter a positive integer
GMAX	Maximum constraint violation allowed at the converged optimum	☐ Enter a positive real number
P1	Print items, e.g. objective, design variables, at every n-th design cycle to the .f06 file	1
P2	Items to be printed to the .f06 file	12 - Print constraints and respons 🗸
TCHECK	Topology Checkerboarding	-1 - Automatic selection (Default) 🔻
TDMIN	Minimum diameter of members in topology optimization	Enter a positive real number
TREGION	Trust Region	☐ 1 - Trust Region On ✓



# Export New BDF

- Click on Exporter
- 2. Click on Download BDF Files

When the download button is clicked a new file named "nastran working directory" is downloaded. If the file already exists in your local folder, the folder name is appended with a number, e.g. "nastran working directory (1).zip"



SOL 200 Web App - Optimization Upload Variables Objective Constraints Subcases Exporter Results

Settings Match Other User's Guide

< >

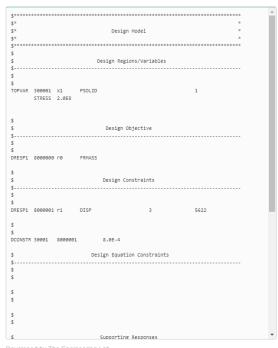
#### BDF Output - Model

```
assign userfile = 'optimization_results.csv', status = unknown,
 form = formatted, unit = 52
 $WEIGHT NASTRAN input file created by the MSC FEA 2008r2 Pre-Release input
$ file translator on October 21, 2009 at 11:18:27.
$ Direct Text Input for Nastran System Cell Section
$ Direct Text Input for File Management Section
$ Direct Text Input for Executive Control
$ Design Sensitivity and Optimization Analysis
SOL 200
$ Direct Text Input for Global Case Control Data
TITLE = MSC.Nastran job created on 08-Oct-09 at 09:04:36
ECHO = NONE
SMETHOD=ELEMENT
  DISPLACEMENT(PLOT, SORT1, REAL)=ALL
   SPCFORCES(PLOT, SORT1, REAL)=ALL
   STRESS(PLOT, SORT1, REAL, VONMISES, BILIN) = ALL
  DESOBJ(MIN) = 8000000
  $ DESGLB Slot
  $ DSAPRT(FORMATTED, EXPORT, END=SENS) = ALL
  ANALYSIS = STATICS
  DESSUB = 40000001
  $ DRSPAN Slot
$ Subcase name : F1
  SUBTITLE=F1
  SPC = 2
```

#### Download BDF Files

♣ Download BDF Files

#### BDF Output - Design Model

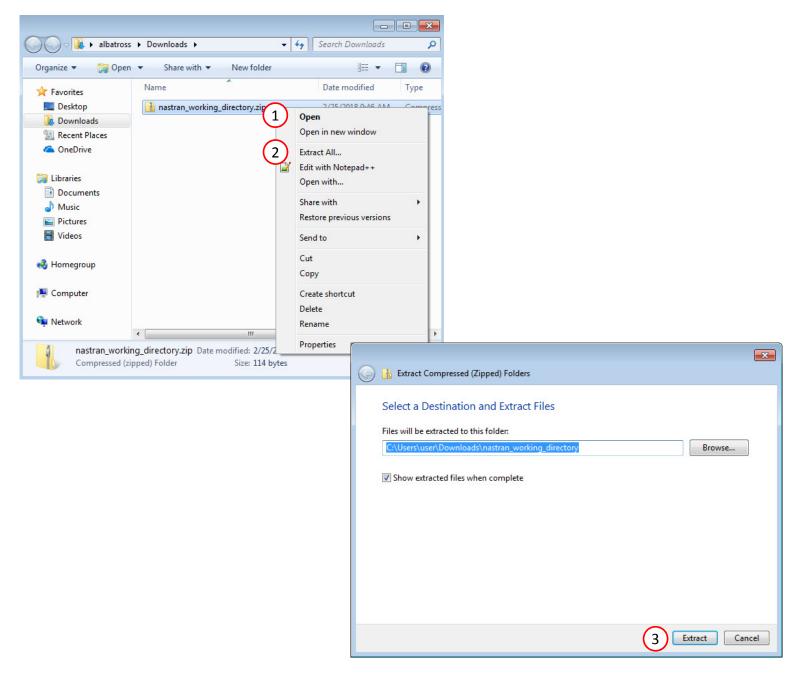


Developed by The Engineering Lab



# Perform the Optimization with Nastran SOL 200

- 1. A new .zip file has been downloaded
- 2. Right click on the file
- 3. Click Extract All
- 4. Click Extract on the following window
- Always extract the contents of the ZIP file to a new, empty folder.





# Perform the Optimization with Nastran SOL 200

- 1. Inside of the new folder, double click on Start MSC Nastran
- Click Open, Run or Allow Access on any subsequent windows
- 3. MSC Nastran will now start
- After a successful optimization, the results will be automatically displayed as long as the following files are present: BDF, F06 and LOG.
- One can run the Nastran job on a remote machine as follows:
   1) Copy the RDE files and the INCLUDE file
  - 1) Copy the BDF files and the INCLUDE files to a remote machine. 2) Run the MSC Nastran job on the remote machine. 3) After completion, copy the BDF, F06, LOG, H5 files to the local machine. 4) Click "Start MSC Nastran" to display the results.

#### **Using Linux?**

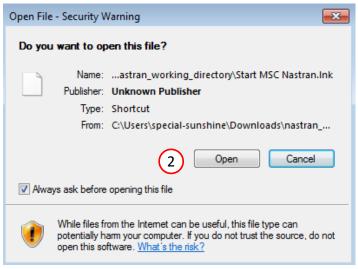
Follow these instructions:

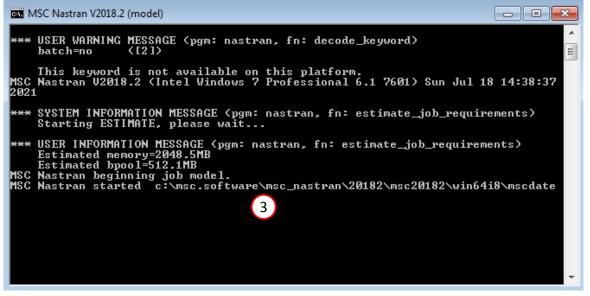
- 1) Open Terminal
- 2) Navigate to the nastran\_working\_directory <u>cd</u> ./nastran\_working\_directory
- 3) Use this command to start the process ./Start\_MSC\_Nastran.sh

In some instances, execute permission must be granted to the directory. Use this command. This command assumes you are one folder level up.

sudo chmod -R u+x ./nastran working directory









#### Status

1. While MSC Nastran is running, a status page will show the current state of MSC Nastran

 The status of the MSC Nastran job is reported on the Status page. Note that Windows 7 users will experience a delay in the status updates. All other users of Windows 10 and Red Hat Linux will see immediate status updates.

#### SOL 200 Web App - Status

Python

MSC Nastran

#### Status

Name	Status of Job	Design Cycle	RUN TERMINATED DUE TO
model.bdf	Running	None	



After MSC Nastran is finished, the results will be automatically uploaded.

- 1. Ensure the messages shown have green checkmarks. This is indication of success. Any red icons indicate challenges.
- 2. The final value of objective and normalized constraints can be reviewed.

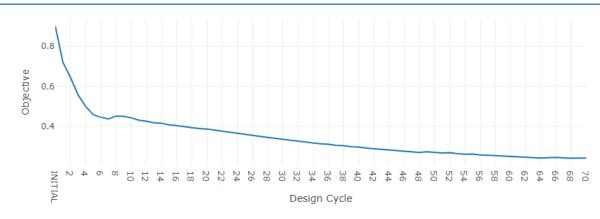
 After an optimization, the results will be automatically displayed as long as the following files are present: BDF, F06 and LOG.

#### Final Message in .f06

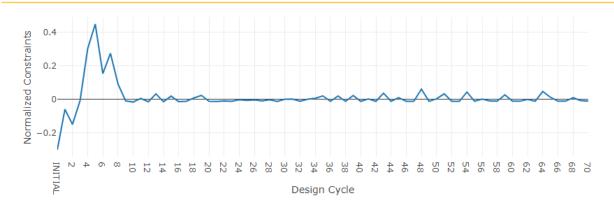
1 v run terminated due to hard convergence to an optimum at cycle number = 70.

#### Objective

2



#### Normalized Constraints





Upload

### Review Optimization Results

- 1. Return to the Optimization web app
- 2. Go to the Results section
- 3. Click Topology Viewer

 The Topology Viewer is capable of displaying topology results and is accessed from the Results section of the Optimization web app. The appendix has additional information regarding capabilities of the Topology Viewer.

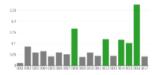
#### Select a Results App



Global Optimization (multiopt.log)



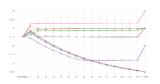
Responses (.f06)



Global Optimization Type 2 (.f06)



Sensitivities (.csv)



Local Optimization (.f06)



Parameter Study (.f06)



Topology Viewer (.des)



#### Miscellaneous Apps



Converter

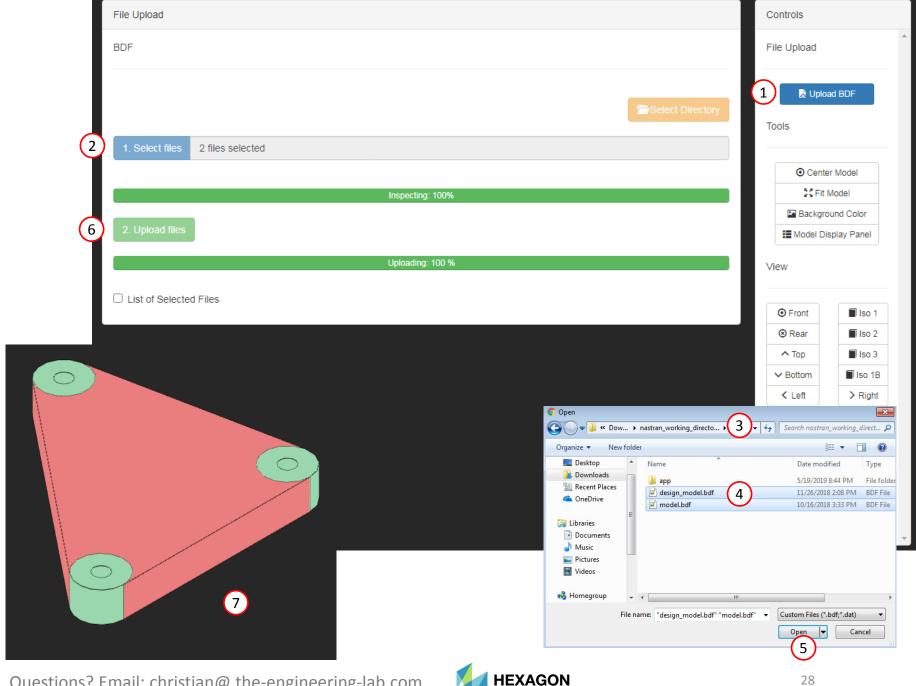


PCH to BDF



- Click Upload BDF
- Click 1. Select files
- Navigate to directory nastran\_working\_directory
- Select the model.bdf and design\_model.bdf files.
- Click Open
- Click 2. Upload files
- The model is displayed

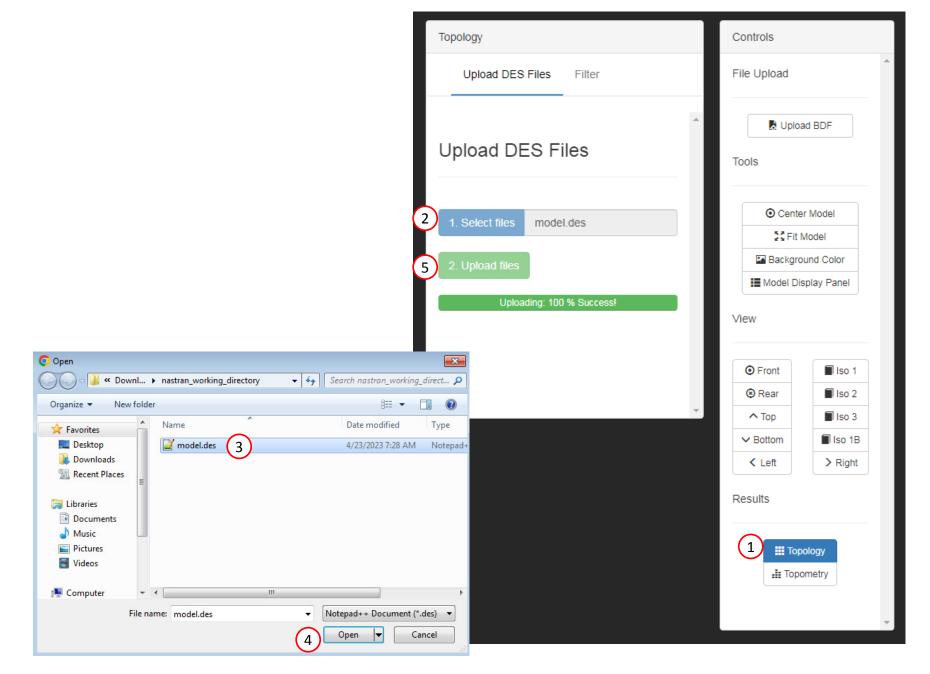
During file upload, reading and parsing process, the web app does not report the reading progress for large files. Know that the web app parses files at a rate of 10MB every 25 seconds.



- Click Topology
- 2. Click 1. Select files
- 3. Select the model.des file
- 4. Click Open
- 5. Click 2. Upload files

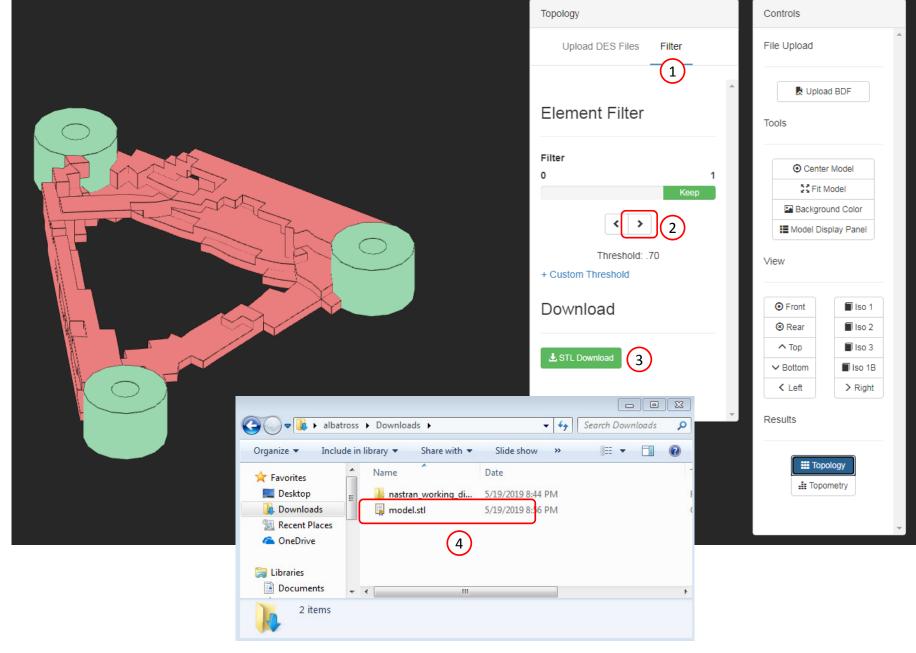
The results of the topology optimization are now accessible within the Viewer web app.

 When the DES file is uploaded, the topology results are automatically displayed. By default, elements with a topology variable value greater than a threshold of .3 are displayed. The threshold can be modified.





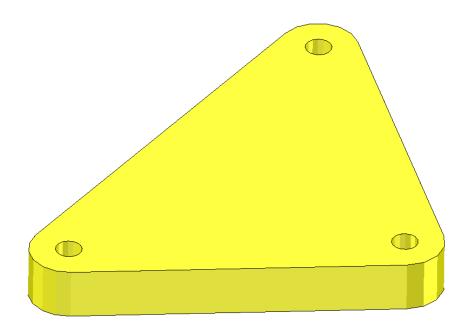
- 1. Click Filter
- 2. Click the right arrow to remove elements below the threshold value
- 3. Click STL Download
- 4. The displayed model has been downloaded to an STL file and may be imported to separate CAD package or FEA pre processor
- A topology variable value close to 1 indicates the element is very important and should be kept in the design. It is not recommended to go beyond a threshold of .7 since very critical elements would be removed. Elements with an topology variable value close to 0 are not critical and can be removed.
- Common thresholds to use are typically in the range of .3 to .7



# Results

#### **Before Optimization**

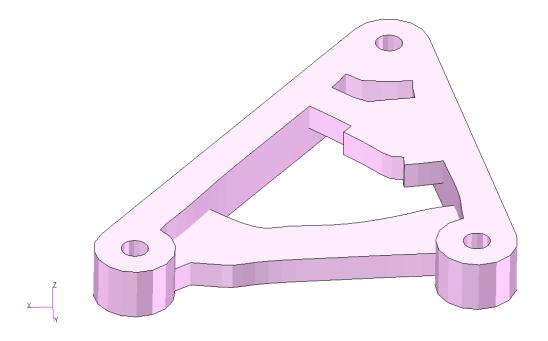
Mass: 18 kg



#### After Optimization

Mass: 9.3 kg

Prevent yield and excessive displacement







**End of Tutorial** 



# Appendix



# Appendix Contents

- Frequently Asked Questions
  - What are the design variables in Topology Optimization?
  - What is FRMASS or Fractional Mass?
  - What is compliance?
  - How can non-critical elements be removed from the design?
- Topology Optimization Workflows
- Viewer Web App for Topology Optimization Post Processing



# What are the design variables in Topology Optimization?

Consider the following topology optimization workflow.

- 1. A topology design region is selected.
  - 1 material
  - 2048 elements
- 2. At the start of an optimization, each element is assigned its own material (stiffness and density).
  - 2048 materials
  - 2048 elements
- 3. During the optimization, each element is given a topology variable  $x_i$ , where i is the element ID.
  - 2048 topology variables

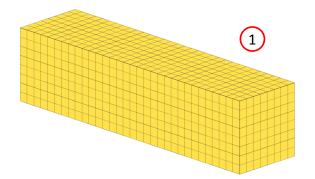
The topology variable  $x_i$  controls the material density and stiffness of element i via these expressions.

- $p_i = p_0 \cdot x_i$
- $E_i = E_0 \cdot x_i^{Penalty}$

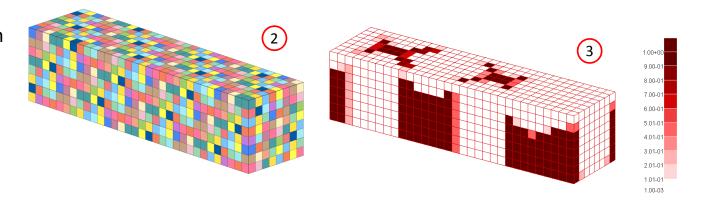
The penalty term ranges between 2-5 and is 3 by default. The topology variable varies between 0 and 1.

- 4. After the topology optimization, the user must decide which elements to keep.
  - During the topology optimization, elements are not automatically removed. It is up to the user to decide which elements to keep after the optimization.

Topology Design Region

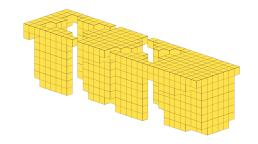


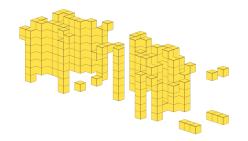
Topology Optimization

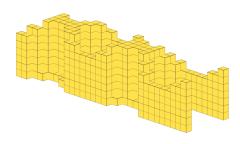


Results Postprocessing











#### What are the design variables in Topology Optimization?

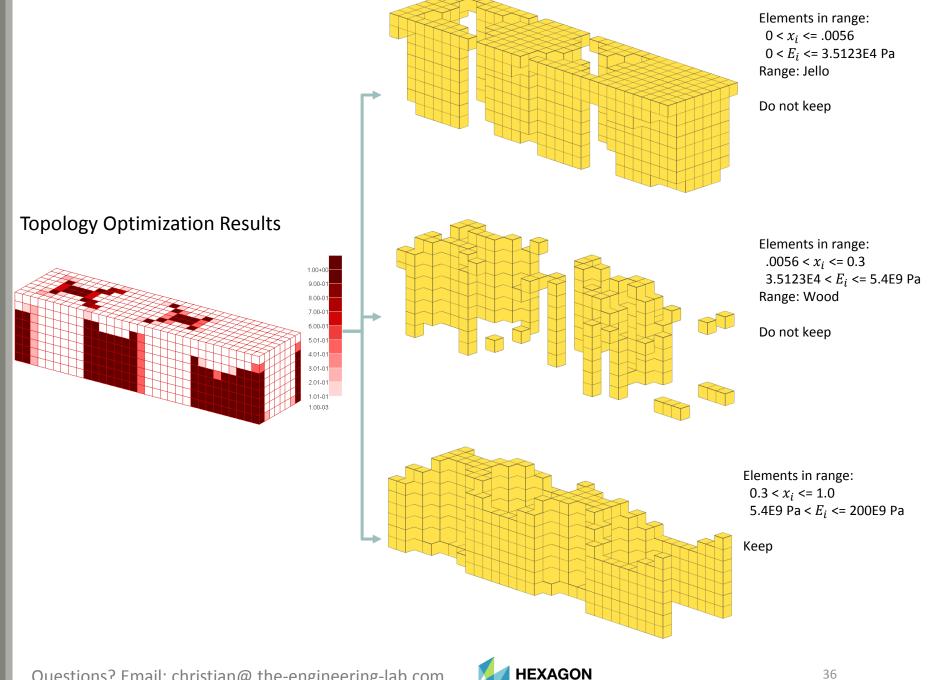
Many practitioners suggest keeping elements whose topology variable is in the range of 0.3 and 1.0, but do not explain the reasoning behind this suggestion.

The following is an attempt to explain the suggestion.

Suppose the original stiffness of the material is  $E_0 = 200E9 \, Pa$ .

- If  $x_i$ =0.3, then
  - $E_i$  = 200E9 Pa \* 0.3^3 = 5.4E9 Pa (5.4 GPa)
  - A topology variable value of  $x_i$ =0.3 yields a stiffness on the range of wood.
- If  $x_i$  = .0056, then
  - $E_i = 200E9 \text{ Pa} * .0056^3 = 3.5123E4$ Pa (35.123 kPa)
  - A topology variable value of  $x_i$ =.0056 yields a stiffness on the range of gelatin dessert, such as Jello.

Elements with a stiffness equivalent to Jello are negligible and may be removed from the design. Elements with a stiffness equivalent to wood are also candidates for removal. Those who use topology optimization long enough will find the suggestion of keeping elements between 0.3 and 1.0 is not absolute. With trial and error, some will find that ranges of 0.5 to 1.0 or 0.4 to 1.0 will also sometimes work. Given that the best range is often unknown, this makes topology optimization a black art.



# What is FRMASS or Fractional Mass?

Since the topology variables can range between 0 and 1, the final mass will be some fraction of the original mass. This is known as the fractional mass or FRMASS.

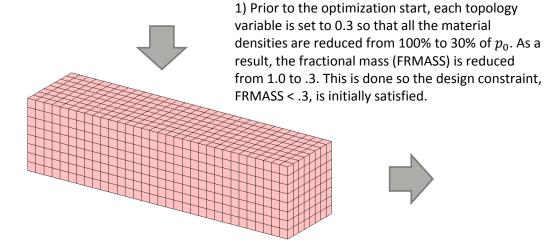
FRMASS = 
$$\frac{\sum p_i \cdot v_i}{\sum p_0 \cdot v_i}$$

 $p_0$ : The original material density

 $p_i$  : The optimized material density of the element ( $p_i = p_0 \cdot x_i$ )

 $v_i$ : Volume of element

- 0) Suppose this is the optimization problem statement:
- Objective: Minimize compliance
- Constraint: FRMASS < .3



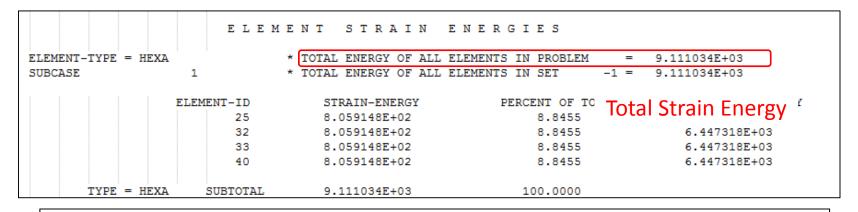
2) During the optimization, each topology variable is allowed to range between 0 and 1.0, but the constraint on fractional mass (FRMASS < .3) should ultimately be satisfied.



# What is compliance?

Compliance is defined in many ways

- "Compliance is simply the product of the displacement times the applied load" (MSC Nastran Design Sensitivity and Optimization User's Guide)
- For linear elastic solids, the work is twice the total strain energy



	********	******	*******	
	SUMMARY (		CLE HISTORY	
		(HARD CONVERGENCE ACF		
		NITE ELEMENT ANALYSES CO		
	OBJEC:	TIVE AND MAXIMUM CONSTRA	AINT HISTORY	
CYCLE NUMBER	OBJECTIVE FROM APPROXIMATE OPTIMIZATION	OBJECTIVE FROM EXACT ANALYSIS	FRACTIONAL ERROR OF APPROXIMATION	MAXIMUM VALUE OF CONSTRAINT
INITIAL		1.822207E+04		-4.625929E-15
1	5.076533E+03	1.32: Complia	6.163140E-01	9.999972E-09
		Compil		6.604279E-09
2	5.721454E+03	1.12600.2.01	-4.893855E-01	6.6042/9E-09
2 3	5.721454E+03 4.220301E+03		4.893855E-01 -5.848357E-01	1.000032E-08



# What is compliance? Continued

The .f06 file reports the value of compliance and strain energy. **The following applies if and only if minimizing the compliance is the design objective.** 

1. Make sure this statement is in the Case Control Section of the .bdf file.

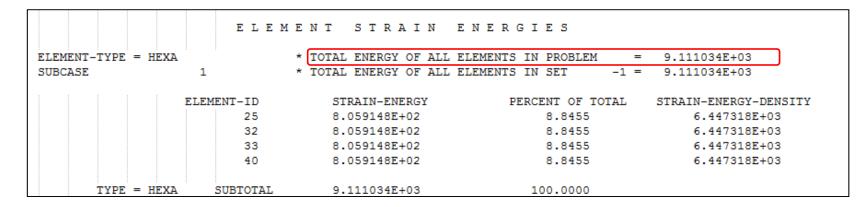
ESE(THRESH=.99)=ALL

Search the .f06 file for the initial design's

ELEMENT STRAIN ENERGI ES

- 3. Note the value of TOTAL ENERGY OF ALL ELEMENTS IN PROBLEM
- 4. Search the .f06 for the

  SUMMARY OF DESIGN C
  YCLE HISTORY
- 5. Note the value for OBJECTIVE FROM EXACT ANALYSIS for the INITIAL cycle number
- 6. The Compliance of 1.8222E4 is twice the TOTAL STRAIN ENERGY of 9.11E3.

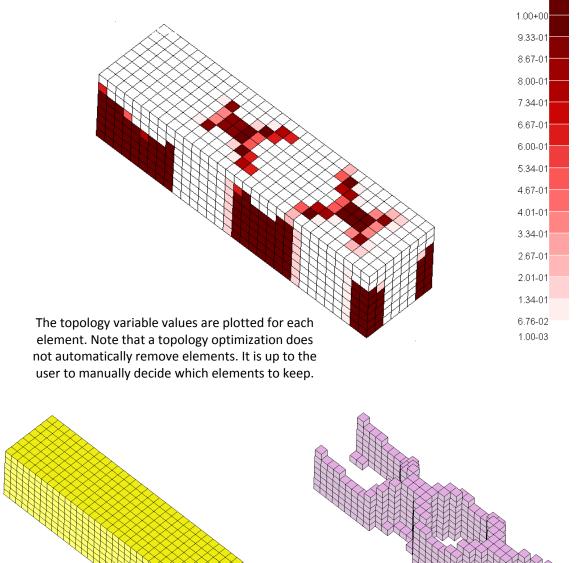


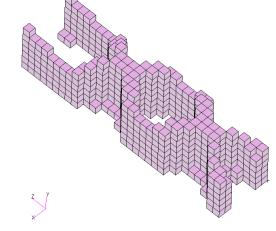
	SUMMARY	OF DESIGN CY	YCLE HISTORY	
		(HARD CONVERGENCE AC		
	NUMBER OF	FINITE ELEMENT ANALYSES CO	OXIMATE MODELS 55	
		ECTIVE AND MAXIMUM CONSTRA		
CYCLE NUMBER	APPROXIMATE	EXACT	FRACTIONAL ERROR OF APPROXIMATION	OF
INITIAL		1.822207E+04		-4.625929E-15
1	5.076533E+03	1.323096E+04	-6.163140E-01	9.999972E-09
1 2	5.076533E+03 5.721454E+03		-6.163140E-01 -4.893855E-01	
		1.120504E+04		6.604279E-09



### How can noncritical elements be removed from the design?

- Use the threshold to suppress noncritical elements
- The threshold means: 'Keep every element that has a topology variable value greater than the threshold'
- Recall from before:
  - 0 Topology variable values close to 0 are not critical to the design
  - 1 Topology variable values close to 1 are critical to the design









# Topology Optimization Workflows

There are 2 common optimization problem statements for topology optimization

#### METHOD A

#### Objective:

- Minimize Compliance
  - Minimize average compliance when multiple load cases are involved.

#### **Constraint:**

FRMASS < Upper Bound</li>

#### Comments:

 Multiple optimizations at different bounds for FRMASS are necessary. The best solution is selected from the multiple optimizations.

#### METHOD B

#### Objective:

Minimize FRMASS

#### **Constraint:**

Von Mises Stress < Upper Bound</li>

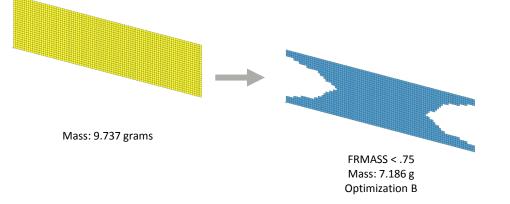


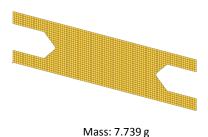
### Traditional Topology Optimization

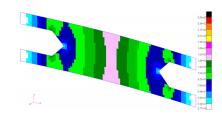
Objective: Minimize Compliance (Maximize Stiffness)

Constraint: Fractional Mass < .## (Target Mass)

#### Original Design







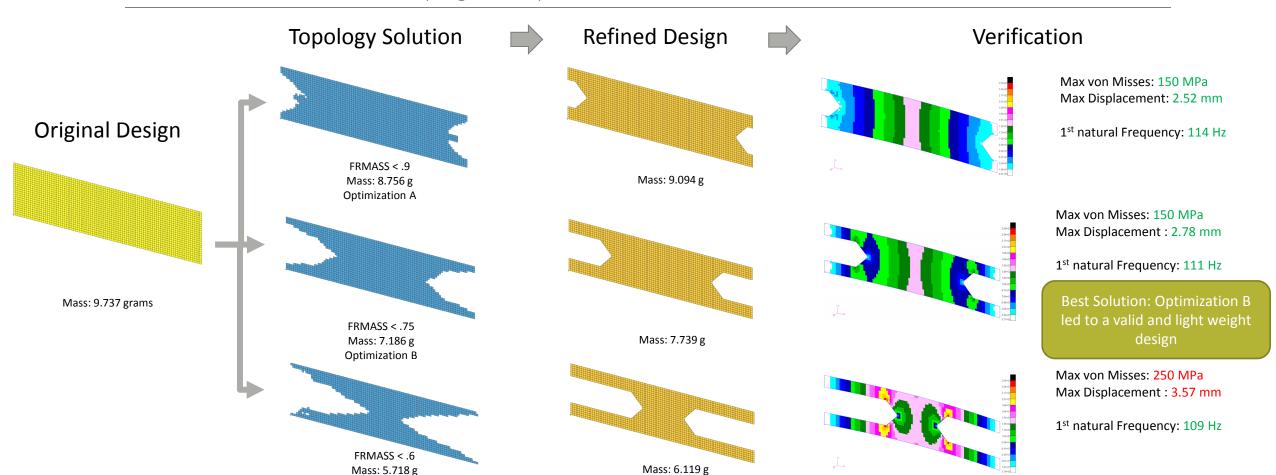
Max von Misses: 150 MPa Max Displacement : 2.78 mm

1st natural Frequency: 111 Hz

### Traditional Topology Optimization

Objective: Minimize Compliance (Maximize Stiffness)

Constraint: Fractional Mass < .## (Target Mass)

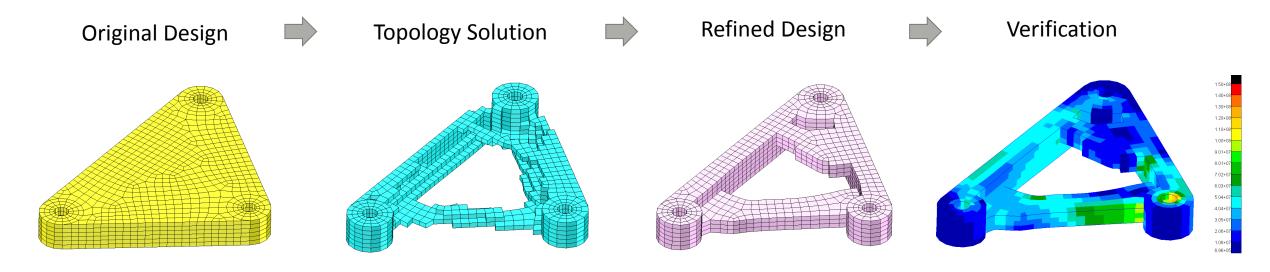


Optimization C

### Latest Topology Optimization

Objective: Minimize Fractional Mass (Minimize Mass)

Constraint: Stress Constraint





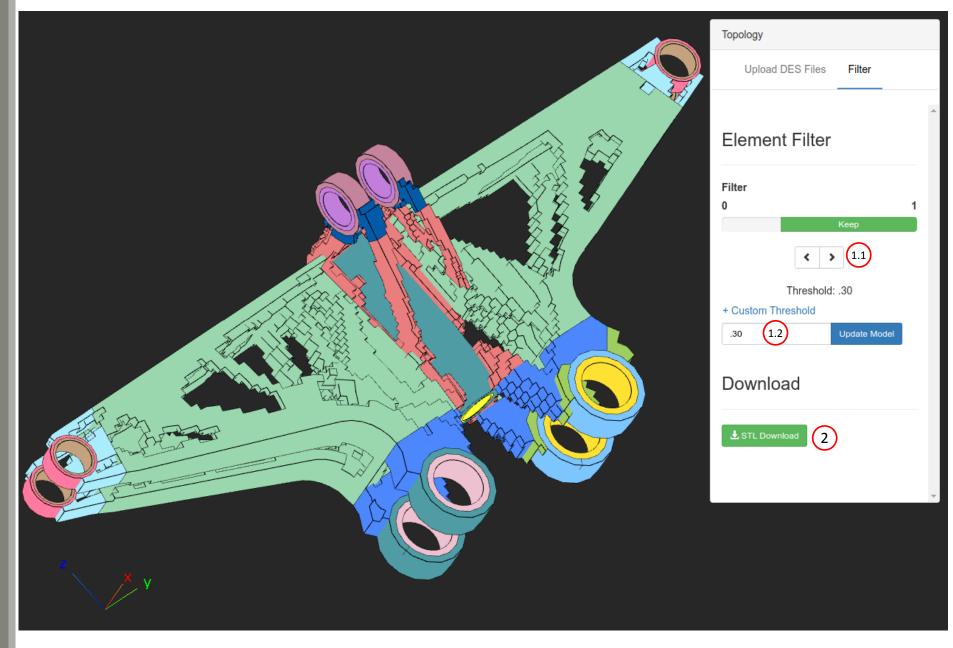
# Viewer Web App for Topology Optimization Post Processing



The Viewer web app supports post processing topology optimization results.

Filtering of topology optimization results is controlled by one of 2 different ways:

- 1. The arrows can be used to move the threshold to values of 1.0, .3, .4, .5, .6 and .7
- 2. If a specific threshold is necessary, do the following:
  - 1. Click Custom Threshold
  - 2. Supply the custom threshold
  - 3. Click Update Model
- STL Download This downloads an STL file containing the model as displayed. This is useful for moving the topology results to a CAD package or FEA pre processor





# Viewer Supported Capabilities

Supported Element Types for Post-processing Topology Optimization Results

- CTRIA3
- CTRIA6
- CTRIAR
- CQUAD4
- CQUAD8
- CQUADR
- CQUAD4
- CQUAD8
- CQUADR
- CHEXA
- CTETRA
- CPENTA
- All other elements are not supported

#### STL Download/Export is Supported

#### Performance

When uploading BDF or DES files, there are many operations performed, e.g. reading, parsing, and displaying data. This is the first release of the Viewer and future improvements to performance will be made. At the time of writing this, the viewer is capable of fully parsing and displaying 10MB of BDF files every 25 seconds. The viewer does not provide a progress bar regarding the parsing process, so it was best to document here the expected parsing rate.

